



## Counselling, Climate and the Environment (CCCE) Workshop Webinar

11<sup>th</sup> Free NZAC webinar  
19<sup>th</sup> November Friday 10-12pm

Presented by Nickei Falconer and Des Casey



Kaitiakitanga is the commitment to care for people, the land, water, sea and air. As counsellors we focus on this commitment with people each day of our working week. Today's world challenges us to do likewise with nature, to connect with the natural world as we connect with our own species. And to do this not only after or as an aside to our work, but within our work. The natural world and humanity's relationship with it are in serious trouble. Two exponential curves are on the march; one is the expansion of awareness and concern surrounding threats to planetary life and its eco-systems, the other an ongoing attack on nature and its processes by the dominant species. Indications are that the second curve remains in ascendancy. A turn-around is urgent. Central to the change will be the manner in which we all work, that sphere within which people gain their means of livelihood.

### **About this workshop**

This workshop was originally scheduled for the Wellington NZAC Symposium of July 2.

This workshop addresses the relationship between our lives and work as counsellors and the deteriorating state of the natural world and its processes.

Included in this workshop will be small and large group discussion regarding ways in which we can raise awareness and address human behavioural issues that contribute to environmental crisis.

#### About Nickei:

Kia ora/hello! I am a gardener, mother, counsellor, psychotherapist, and supervisor and have been practicing since 1992. I really enjoy working with people to help them make resourced changes in their life, so that they live more authentically and shine with wellbeing!

I've developed a model of sustainability to support our personal biodiversity, which I've written a book called "Growing your Sustainable Self" and offer day workshops called "Grow your Wellbeing".

I'm a registered counsellor with the New Zealand Association of Counsellors (NZAC), a registered psychotherapist with PBANZ, and a member of the NZAC Counselling, Climate Change and the Environment working group.

#### About Des:

Des has been a counsellor for 35 years. His practice includes family therapy, relationship counselling, supervision, tutoring and mediation. He has a life long interest in nature and environmental concerns which took him back to University to complete a post graduate in Environmental Management.

#### **Pre reading for this webinar workshop.**

There will be reading required prior to attending, in preparation for the discussion we'll be having which will be sent to you after registration.

**Workshop numbers** will be limited to 15.

**So please only register if you are fully committed to attending.**

If sufficient interest, this webinar workshop will be repeated.

#### **To pre register click here:**

<https://us02web.zoom.us/meeting/register/tZckfuuupj8sHtBm8ns3nkWYOk7gQlp2-b6>

**Any enquiries:** Contact [pdmanager@nzac.org.nz](mailto:pdmanager@nzac.org.nz)