



**New Zealand Association of Counsellors
Te Roopu Kaiwhiriwhiri o Aotearoa**

Philosophy

**The New Zealand Association of Counsellors believes
that counsellors work to:**

- ❖ Provides individuals, families, groups and institutions with expanded or alternative perspectives and choices.
- ❖ Foster personal and social conditions in which client growth and development can occur.
- ❖ Encourage, support and challenge clients to translate their enhanced awareness into actions which increase a sense of worth and mastery.
- ❖ Offer leadership in the area of human relationships with awareness of and respect for difference.
- ❖ Advocate for those who are disempowered.