

TIME	ACTIVITY		
9:00 - 9:30 am	Mihi / Nga Kete -		
9:30 am - 9.50 am	Setting the scene: NZAC Aspirations and actions- President / Te Ahi Kaa Setting the scene is the aspirational vision that NZAC has. Members have engaged with the aspirations and chosen a self-regulatory pathway. There are also many challenges in today's environment. The day begins with an update on self-regulation, and other external pressures that affect access to counselling. Te Ahi Kaa and the President will speak about the aspirations and actions		
9.50 am- 10:00 am	Question time		
10:00 am - 10:30 am	Kai -- Morning Tea		
	Workshops 1:		
10:30 am - 12:00 pm	<i>Measure or perish: How to survive (and thrive) by assessing counselling outcome.</i> Bob Manthei	<i>Puawananga Kaitiakitangi - Growing Cultural Competence in Cultural Supervision</i> Gay Puketapu-Andrews, Te Ahi Kaa and Te Aranga Hakiwai, Kaitumutumu	<i>The Code of Ethics and couples counselling: Staying out of trouble</i> Sue Webb
12:00 pm - 1:00pm	Kai -- Lunch		
1:00 pm - 2:00 pm	Maori Members Caucus:	Tau Iwi Caucus:	
	NZAC has an ongoing commitment to uphold the Treaty of Waitangi. The caucus is an opportunity for members to explore this within their caucus group		
	Workshops 2:		
2:00 pm - 3:30 pm	<i>Measure or perish: How to survive (and thrive) by assessing counselling outcome.</i> Bob Manthei	<i>Puawananga Kaitiakitangi - Growing Cultural Competence in Cultural Supervision</i> Gay Puketapu-Andrews, Te Ahi Kaa and Te Aranga Hakiwai, Kaitumutumu	<i>The Code of Ethics and multiple relationships: Staying out of trouble</i> Sue Webb
3:30 pm - 4:00 pm	Kai -- Afternoon Tea		
4:00 pm - 5:00 pm	Feedback and closing comments: You have had a day of exploring NZAC's vision, and some ongoing professional development workshops. What inspired you? What was missing? What could change? A chance to give feedback that affirms and challenges the NZAC whanau		

Workshop Details

- **Puawananga Kaitiakitangi - Growing Cultural Competence in Cultural Supervision: Gay Puketapu-Andrews, Te Ahi Kaa and Te Aranga Hakiwai, Kaitumutumu**

This workshop will lead participants through a process that may be utilised in cultural supervision.

- **Measure or perish: How to survive (and thrive) by assessing counselling outcome. Bob Manthei, Life Member**

In the tight New Zealand funding climate there is a pressing need for counselling outcome research that demonstrates its effectiveness. In spite of this need there remains a dearth of such evidence. In order to motivate practitioners to tackle this problem, various ways of gathering such data are discussed in terms of their simplicity of use, effectiveness and manageability. Two methods in are recommended for use: PCOMS and PSYCHLOPS.

- **The Code of Ethics and couples counselling: Staying out of trouble: Sue Webb, Convenor, Ethics Committee**

Queries and complaints about counselling with couples is a common area that the Ethics Committee deals with. This workshop will link the core principles and relevant clauses in the Code with some of the difficulties that can arise in counselling couples. These will include: contracting, even-handedness, confidentiality, communication between sessions, notes, self-awareness and competence.

- **The Code of Ethics and multiple relationships: Staying out of trouble: Sue Webb, Convenor, Ethics Committee**

Difficulties with dual and multiple relationships are common for counsellors in New Zealand and occur in city, provincial and rural settings. Problems can develop from seemingly harmless beginnings and at times these can lead to quite serious complaints to the Ethics Committee. This workshop will link the core ethical principles and relevant clauses in the Code to multiple relationships. It will explore the differences between manageable relationships and those that can lead to trouble.