



New Zealand Association of Counsellors  
Te Roopu Kaiwhiriwhiri o Aotearoa



# NZAC ADVERTISER

## 2016 Issue 9

Welcome to the 9th edition of the NZAC Advertiser for 2016. This edition of the Advertiser includes information about the School Guidance Counsellors Conference in November this year, job vacancies, an invitation to participate in research, conference information, details of training courses, workshops and seminars. The inclusion of courses or advertising in the NZAC Advertiser does not necessarily indicate NZAC support for the content.

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- [NZ School Guidance Counsellor's Conference](#)  
REGISTRATIONS NOW OPEN!! Dunedin 14th- 16th November, 2016
- [Job Vacancies](#)  
We are notified regularly about vacancies for counsellors and they are listed on the Members Only page.
- [Invitation to Participate in Research: Acknowledging Ritual in the Counselling Room](#)  
University of Auckland
- [Mental Health Law Conference 2016](#)  
5th, 11th, 12th, 18th and 19th August across New Zealand
- [22nd Hospice New Zealand Palliative Care Conference](#)  
14th- 16th September 2016
- [Maximising Success: How Positive Psychology Can Help You To Help Young People Maximise Their Potential](#)  
Friday 19th August 2016, Auckland
- [A Practical Guide to Working with Suicidal Youth](#)  
Monday 5th September 2016, Auckland
- [Perinatal Anxiety and Depression Aotearoa Seminar Series](#)  
15th September 2016, Palmerston North
- [Helping Young People Cope with Stress and Anxiety](#)  
Thursday 22nd September 2016, Auckland
- [Otautahi Tohunga Wananga](#)  
Christchurch, 24th & 25th September, 2016
- [Hold Me Tight Weekend Workshop for Couples](#)  
14th, 15th, 16th October 2016, Christchurch
- [Emotionally Focused Family Therapy](#)  
4th-5th November 2016, Wellington
- [Interactive Drawing Therapy Course](#)  
New Zealand

- [Trauma Education 2016 Treating PTSD](#)  
Australia and New Zealand through to November 2016



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## NZ School Guidance Counsellor's Conference

The School Guidance Counsellors Conference is being held on

**Monday 14 November (midday) - Wednesday 16 November 2016 (mid afternoon), in Dunedin.**

**REGISTRATIONS ARE NOW OPEN : [CLICK HERE](#)**

**Venue: Salmond Hall, 19 Knox St, Dunedin**

**Early bird registration closes Monday 26 September.** The standard registration fee will apply for everyone after that date.

Early bird NZAC members \$450

Early bird non-members \$470

Standard registration \$520

Registration includes all conference sessions and workshops, delegate satchel with handbook, name badge and ticket to the mix and mingle night on Monday.

### **Accommodation package**

We are pleased to offer you an accommodation package with the conference for \$175 per person per night. This includes;

Accommodation in a standard single room at the conference venue, Salmond College

All meals (breakfast, morning tea, lunch, afternoon tea, dinner)

One ticket to the conference dinner on Tuesday night

If you decide to find your own accommodation, a ticket for the conference dinner is \$50

All prices are in NZD and include GST.

More details: [www.nzac.org.nz/school\\_guidance\\_counsellors\\_conference.cfm](http://www.nzac.org.nz/school_guidance_counsellors_conference.cfm)



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## Job Vacancies

Recent vacancies we have are advertised at the link below:

[www.nzac.org.nz/job\\_vacancies.cfm](http://www.nzac.org.nz/job_vacancies.cfm)



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# NZAC ADVERTISER

## Invitation to Participate in Research: Acknowledging Ritual in the Counselling Room

An invitation to take part in a research project: Acknowledging Ritual in the Counselling Room. Conducted by Amy Prebble.

[Research invitation](#) 



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## Mental Health Law Conference 2016

Claro, New Zealand's specialist health sector law firm, and the Australian and New Zealand Association of Psychiatry, Psychology and Law (ANZAPPL) are pleased to provide details of the Mental Health Law Conference for 2016.

[Mental Health Law Conference](#) 



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# NZAC ADVERTISER

## 22nd Hospice New Zealand Palliative Care Conference

### **22nd Hospice New Zealand Palliative Care Conference**

14-16 September 2016

The Langham, Auckland, New Zealand

#### **What matters most?**

*When time is short, we want to do what matters most. The 22nd Hospice NZ Palliative Care conference will challenge each delegate to consider what matters from a range of perspectives. What matters most to patients, to their families, to carers and to our communities when it comes to end of life care? What matters to us most personally? Speakers will provide frameworks, tools, experience and inspiration to help us plan, provide and measure our services to deliver what matters most.*

*Registration and programme information is attached. For more details and information about how to register for the conference, please visit the [Hospice New Zealand webpage](#).*

[Hospice NZ Palliative Care Conference brochure](#) 





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## NZAC ADVERTISER

### Maximising Success: How Positive Psychology Can Help You To Help Young People Maximise Their Potential

#### Maximising Success: How Positive Psychology Can Help You To Help Young People Maximise Their Potential with Lucy Hone

This seminar will help anyone who teaches or works with young people, to focus on possibilities rather than problems. Positive psychology is the study of topics as diverse as happiness, optimism, subjective wellbeing, and personal growth. It underpins the whole field of 'life coaching' and as such is a very useful skill set for pastoral care, mentoring, academic counselling, teachers, and youth work in general.

[Maximising Success](#) 



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# NZAC ADVERTISER

## A Practical Guide to Working with Suicidal Youth

### **A Practical Guide to Working with Suicidal Youth** *with Francis Jamieson*

This is a seminar for anyone interested in improving their skills when working with suicidal youth. It will be a practical, how-to type seminar run by a practitioner who is working at the coal face with NZ youth.

Last time we ran this seminar it was fully subscribed.

[Working with Suicidal Youths](#) 



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## Perinatal Anxiety and Depression Aotearoa Seminar Series

**Thursday 15 September 2016**

**8.30 am – 5.00 pm**

**Venue – The Gallery, Palmerston North Convention Centre**

A one-day workshop for community perinatal mental health providers including Midwives, CBE's, GP's, Obstetricians and Neonatal Staff, Psychologists, Counsellors, Social Workers and NGO's to explore the issues, hear about research, best practice and network

6.5 GP credits and 5 Midwifery Points approved course.

Please register using the attached form or online at <http://goo.gl/forms/qxZXyfhdsAeL1IY12>

[2016 PADA Seminar series](#) 



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# NZAC ADVERTISER

## Helping Young People Cope with Stress and Anxiety

### Helping Young People Cope with Stress and Anxiety

*with Dr Melanie Woodfield*

One of the most common challenges to young people's emotional health is stress.

Childhood and adolescence can be a stressful time: managing expectations, friendships, life cycle transitions, family changes and future plans can take its toll on a young person's psychological wellbeing.

If you're involved in educating or supporting children or adolescents, chances are you're regularly encountering stressed or anxious kids.

[Helping Young people cope with stress and anxiety](#) 



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# NZAC ADVERTISER

## Otautahi Tohunga Wananga

We're happy to announce our first open wananga, held in Otautahi, to the public over a two day period. This is a one-off opportunity that is open for all who are enthusiastic to learn from a Tohunga (Maori Priest) of the old traditional faith. Matua is a Tohunga Taputapu, acknowledged leader for our roopu "Nga Tohunga O Nga Hau E Wha". Please use the registration form attached.

[Otautahi Tohunga Wananga](#) 



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### Hold Me Tight Weekend Workshop for Couples

With Sarah and Cary Hayward, Marion Wade and Ian Brewer, the educational workshop provides practical ways for couples to improve their relationship.

As a participant, you will learn about the language of emotion and how to use this language to effectively connect with, and support one another.

You will gain an understanding about how your brain influences your behaviour, and how to turn negative cycles of interaction into positive cycles that support and nourish your relationship. For enquiries and to register, contact Ian: 021 140 7218, wadebrew@actrix.co.nz

[Hold Me Tight- Emotionally Focussed Therapy Workshops](#) 



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## Emotionally Focused Family Therapy

Emotionally Focused Family Therapy (EFFT) is based on the empirically supported practice of Emotionally Focused Couple Therapy and offers new insights and practical strategies for restoring family bonds through attachment and emotions. Two-day workshop with leading international EFT trainers Gail Palmer (Ottawa) and Jim Furrow (Pasadena).

[EFT Therapy](#) 



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## Interactive Drawing Therapy Course

IDT- Powerful tools for Counsellors and Therapists. A page-based way of working with words, images and feelings to access different parts of the psyche. The page becomes a mirror for your client, helping them see themselves more objectively from new perspectives and facilitating insight, inner resourcefulness and profound change.

To register or for more information visit: [www.InteractiveDrawingTherapy.co.nz](http://www.InteractiveDrawingTherapy.co.nz)





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## Trauma Education 2016 Treating PTSD

Two highly regarded CPD activities for all mental health professionals. 14 hours for each activity. These workshops are endorsed by the AASW, ACA and ACMHN: Treating PSD and Treating Complex Trauma.

[Trauma Education 2016 Treating PTSD](#) 