



New Zealand Association of Counsellors  
Te Roopu Kaiwhiriwhiri o Aotearoa



# NZAC ADVERTISER

## 2016 Issue 2

Welcome to the 2nd edition of the NZAC Advertiser for 2016. This edition of the Advertiser includes job vacancies, details of workshops, news from an education provider and training courses. The inclusion of courses or advertising in the NZAC Advertiser does not necessarily indicate NZAC support for the content.

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Welcome to the 2nd edition of the NZAC Advertiser for 2016. This edition of the Advertiser includes job vacancies, details of workshops, news from an education provider and training courses. The inclusion of courses or advertising in the NZAC Advertiser does not necessarily indicate NZAC support for the content.
- [Job Vacancies](#)  
We are notified regularly about vacancies for counsellors and they are listed on the Members Only page.
- [Evidence to Action Conference 2016](#)  
5th April 2016, Wellington
- [New Zealand Interprofessional Health Conference: Call for Abstracts](#)  
4th-5th July, 2016, Auckland.
- [Diversity in Clinical Practice- Whakahangai te tikanga mahi NZCCP 27th National Conference](#)  
9th and 10th April, 2016, Wellington.
- [Imago Relationship Therapy Training](#)  
March, April and May, Christchurch, Dunedin, Nelson, Hamilton, Auckland
- [Psych-K Basic Workshops](#)  
6th & 7th March, Wellington, 14th & 15th May, Auckland, 2nd & 3rd July, Christchurch, 2016.
- [A one-day workshop with Karl Tomm](#)  
12th April, 2016, Christchurch.
- [Understanding and Treating Trauma and Dissociation](#)  
16th and 17th April, 2016, Wellington.
- [Motivational Interviewing Collaborative Practice with Andrea Edwards](#)  
15th & 16th April, 27th & 28th May, 24th & 25th June, 19th & 20th August, 2016, Wanganui
- [Family Therapy 101: An Introduction to systemic concepts & practice](#)  
17th and 18th May, 2016, Christchurch.
- [Cognitive Behavioural Therapy: Introductory two-day workshop](#)  
28th & 29th July and 4th & 5th August, 2016, Christchurch and Auckland.
- [Through a Child's Eyes: Understanding Addiction and Recovery](#)  
18th November, 2016 Christchurch.
- [E-Skills Plus: The Werry Centre](#)  
Online Self-Assessment of the Real Skills ICAMH/AOD framework, Auckland.
- [PGCertCounselling \(Counselling Supervision\)](#)  
March 3-4, June 9-10, September 5-6, 2016





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## Job Vacancies

Recent vacancies we have are advertised at the link below:

[www.nzac.org.nz/job\\_vacancies.cfm](http://www.nzac.org.nz/job_vacancies.cfm)



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## Evidence to Action Conference 2016

Click the link for more info:

<https://www.eventbrite.co.nz/e/evidence-to-action-conference-2016-tickets-20007541094>

[Evidence to Action Conference 2016](#) 



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## **New Zealand Interprofessional Health Conference: Call for Abstracts**

Abstracts are invited for the New Zealand Interprofessional Health Conference (NZIPHC) 2016: **4-5 July** in Auckland New Zealand.

[Call for abstracts](#) 



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## **Diversity in Clinical Practice- Whakahangai te tikanga mahi NZCCP 27th National Conference**

Pre-conference workshops with John and Julie Gottman: Level 1 Clinical Training: Gottman Method Couples Therapy: Briding the Couple Chasm. Thursday 7th and Friday 8th April, 2016.

Post conference workshop with Russell Kolts: True Strength: A Compassion-Focused Therapy Approach to Working with Anger: Monday 11th April, 9am-5pm.

Conference Keynote Speakers: Jane Freeman-Brown and Ranka Margetic-Sosa.

[NZCCP Conference Flyer](#) 



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## Imago Relationship Therapy Training

A specialist training in working with couples. The aim of this training is to improve your effectiveness in working with couples. Imago Relationship Therapy (IRT) is a coherent, comprehensive and dynamic theory and practice, offering an effective, research based method for working with couples.

[Imago Relationship Therapy Training](#) 





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# NZAC ADVERTISER

## Psych-K Basic Workshops

Free Your Mind FROM LIMITING BELIEFS and change your life with Julienne Rose, Certified PSYCH-K Instructor.  
In this 2 day interactive workshop, you'll learn simple yet effective methods for changing self-limiting beliefs to self-enhancing beliefs.

[PK Basic workshops](#) 



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## A one-day workshop with Karl Tomm

Family and Systemic Therapy Association of New Zealand presents a one-day workshop with Karl Tomm.

Dr Tomm is Professor of Psychiatry, Faculty of Medicine at the University of Calgary. He is also director of the Calgary Family Therapy Centre which he started in 1973. Dr Tomm is very interested in the application of systems theory, narrative theory, social constructionism, and second order cybernetics.

[One-day workshop](#) 



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## Understanding and Treating Trauma and Dissociation

Workshop 1: Effective Work with Trauma Survivors.

A two day workshop that covers use of trauma memory consolidation, bodily mindfulness, somatic pacing and resourcing. Complex trauma reactions are usually the result of childhood abuse, neglect and/or betrayal by significant caretakers.

[Understanding and Treating Trauma and Dissociation](#) 



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## Motivational Interviewing Collaborative Practice with Andrea Edwards

Motivational Interviewing is now recognised as a core skill set for professional service workers. Developing initial motivation for change and maintain it is challenging at the best of times. This workshop will cover a range of core skills that can enhance effective practice in working collaboratively with client.

[Motivational Interviewing](#) 



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## NZAC ADVERTISER

### Family Therapy 101: An Introduction to systemic concepts & practice

This popular and practical training programme will be again be offered during 2016. Presented by Graham Allan, Tina McTear and Bruce McNatty.

Family Therapy 101 is a two day training programme that brings a good mix of introductory theory, plus practical take-away skills, to staff and clinicians who are working in community based settings, mental health services, and social service agencies, and who wish to bring a contextual orientation to their clinical work. It's ideal for psychologists, social workers, counsellors, mental health nurses, psychiatrists and psychotherapists and helps them to better understand and respond to client's dilemmas from a systemic orientation.

[Canterbury Family Therapy Associates](#) 



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## **Cognitive Behavioural Therapy; Introductory two-day workshop**

Facilitated by Anna Elders (MN, BN, PGCertCAMH, PGDipCBT).

Cognitive Behavioural Therapy (CBT) is a widely recognised and highly utilised therapy for the treatment of many common presenting mental health difficulties. CBT provides both a helpful structure in which to begin to formulate and understand the basis of distress and its many presentations whilst providing one-off, brief or longer term interventions for use with service users.

[CBT Workshop](#) 



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## Through a Child's Eyes: Understanding Addiction and Recovery

Find out how to help children from addicted families heal from one of the world's top specialists in addiction recovery. Jerry Moe is the National Director of Children's Programs at the world famous Betty Ford Clinic in California and is running a one-off workshop at the Lincoln Pavilion. A keynote event for Christchurch's Familial Trust as part of their Celebration of 15 years in operation.

[Through a Child's Eyes](#) 



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## E-Skills Plus: The Werry Centre

The Werry Centre are excited to announce the launch of E-Skills Plus, the online self-assessment of the Real Skills Plus ICAMH/AOD framework.

The Real Skills Plus ICAMH/AOD is a competency framework that describes the knowledge, skills and attitudes that a practitioner needs in order to work with infants, children and young people that may have mental health and or alcohol or other drug concerns. In 2014 the framework was reviewed and now includes **primary level** relevant to those working the primary level sector.

[E-Skills Plus](#) 





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## PGCertCounselling (Counselling Supervision)

### **Opportunity for Advanced Education in Supervision at the University of Waikato**

For experienced practitioners, this course provides advanced education in the field of supervision. It includes online supported learning and on-campus teaching.

[PGCertCounselling](#) 